SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject	to
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OWR APPRO	JVAL
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hours per response.	0.5

1. Name and Address of Reporting Person [*] GARTMAN JOHN A		on*	2. Issuer Name and Ticker or Trading Symbol AMERADA HESS CORP [AHC]	(Check	tionship of Reporting Pe all applicable) Director Officer (give title	rson(s) to Issuer 10% Owner Other (specify
(Last) 1185 AVENUE	ast) (First) (Middle) 185 AVENUE OF THE AMERICAS		3. Date of Earliest Transaction (Month/Day/Year) 09/28/2004	X	below) Senior Vice Pr	below)
(Street) NEW YORK (City)	NY (State)	10036 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	ridual or Joint/Group Filir Form filed by One Rep Form filed by More tha Person	oorting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)				5. Amount of Securities Beneficially Owned Following Benorted	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
		Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1130.4)		
09/28/2004		M ⁽¹⁾		7,000	A	\$58.29	0	D			
09/28/2004		S		6,700	D	\$89.25	0	D			
09/28/2004		S		300	D	\$89.33	13,000	D ⁽²⁾			
	Date (Month/Day/Year) 09/28/2004 09/28/2004	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) 09/28/2004	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transa Code (8) 09/28/2004 M ⁽¹⁾ 09/28/2004 S	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transation Code (Instr. 8) 09/28/2004 M(1) Code 09/28/2004 S S	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transation Solution Disposed Of 09/28/2004 Code V Amount 09/28/2004 M(1) S 7,000 09/28/2004 S 6,700	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transaction Code (Instr. 8) Disposed Of (D) (Instr. 5) Code V Amount (A) or (D) 09/28/2004 M ⁽¹⁾ 7,000 A 09/28/2004 S 6,700 D	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transaction Code (Instr. 8) Disposed Of (D) (Instr. 3, 4 and 5) Code V Amount (A) or (D) Price 09/28/2004 M ⁽¹⁾ V Amount (A) s58.29 09/28/2004 S 6,700 D \$89.25	$ \begin{array}{ c c c c c c } \hline Date & Date & Date & Disposed Of (D) (Instr. 3, 4 and b) & Securities & Se$	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transaction (Sde (Instr. 8) Disposed Of (D) (Instr. 3, 4 and 5) Securities Seneficially (D) or Indirect (D)		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Option to purchase Common Stock	\$58.29	09/28/2004		М		7,000		11/07/2002	11/07/2011	Common Stock, \$1.00 par value	7,000	\$0	5,000	D	

Explanation of Responses:

1. Common Stock acquired upon exercise of options granted under the Issuer's Second Amended and Restated 1995 Long-Term Incentive Plan.

2. These shares are held in escrow pursuant to the Corporation's Second Amended and Restated 1995 Long-Term Incentive Plan. The reporting person has only voting power of these shares until lapsing of the period set by the Committee administering the Plan at which time the shares plus accrued dividends will be delivered to the reporting person if he is still an employee of the Corporation.

George C. Barry for John A.

<u>Gartman</u>

** Signature of Reporting Person Date

09/28/2004

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.